

Hamot Bariatric Surgery Center

Weight Loss Surgery Support Group

First Wednesday of each month at 6:30 p.m.
Emphasis on preoperative period and six months following surgery

Second Wednesday of each month at 6:30 p.m.
Lap-band support group

Third Wednesday of each month at 6:30 p.m.
Emphasis on six month or more following surgery

Meeting Place: Hamot Heart Institute, 120 East 2nd St., Erie, PA
Free Parking

The topics discussed include:

- Gastric bypass surgery
- Laprascopic banding
- Nutrition
- Exercise
- Plastic Surgery

Call with any questions:

Hamot Bariatric Surgery Center
(814) 877-6997
(800) 248-0227
or visit www.mylapsurgeon.com

Discussion of pros and cons of weight loss surgery with patients who have had it. The surgeon and staff of the Hamot Bariatric Surgery Center are available to answer questions.

WEIGHT LOSS SURGERY SUPPORT GROUP SCHEDULE

AUG, 2007 – DEC, 2008

Pre-Operative Meeting Dates:

August 1, 2007	May 7, 2008
September, 5 2007	June 4, 2008
October 3, 2007	July 2, 2008
November 7, 2007	August 6, 2008
December 5, 2007	September 3, 2008
January 2, 2007	October 1, 2008
February 6, 2007	November 5, 2008
March 5, 2008	December 3, 2008
April 2, 2008	

Lap-Band Meeting Dates:

August 8, 2007	May 14, 2008
September, 12 2007	June 11, 2008
October 10, 2007	July 9, 2008
November 14, 2007	August 13, 2008
December 12, 2007	September 10, 2008
January 9, 2007	October 8, 2008
February 13, 2007	November 12, 2008
March 12, 2008	December 10, 2008
April 9, 2008	

Post-Op Meeting Dates:

August 15, 2007	May 21, 2008
September, 19 2007	June 18, 2008
October 17, 2007	July 16, 2008
No November Meeting	August 20, 2008
December 19, 2007	September 17, 2008
January 16, 2007	October 15, 2008
February 20, 2007	No November Meeting
March 19, 2008	December 17, 2008
April 16, 2008	