

**What's next?**

Hamot Bariatric Surgery Center

## **BARIATRIC PRE-OP PROCESS**

\_\_\_\_\_ Receive in mail the notification of small group session/ appointment with nutritionist.

\_\_\_\_\_ Begin monthly diet documentation (if it is not being done at the Bariatric Center).

\_\_\_\_\_ Attend small group session with nutritionist. At the conclusion of this session, you will receive: Emmi registration, blood work order, and appointment date and time of one on one session with the surgeon.

\_\_\_\_\_ Complete blood work (fasting) and watch Emmi video(s).

\_\_\_\_\_ Attend one on one consultation with the surgeon. The surgeon will order all remaining pre-op testing.

\_\_\_\_\_ Schedule monthly diet documentation visits (if it is being done at the Bariatric Center).

\_\_\_\_\_ Receive in mail the notifications of when and where pre-op testing and remaining nutritional visits have been scheduled.

\_\_\_\_\_ Attend at least 3 bariatric support groups. (This can be done at any time throughout the process.)

\_\_\_\_\_ Complete work up (pre-op testing, psychological evaluation, nutrition evaluation, and monthly diet documentation).

\_\_\_\_\_ Confirm with Bariatric insurance coordinator that all testing and evaluation results have been received.

\_\_\_\_\_ Case is submitted to your insurance company by the Bariatric insurance coordinator.

\_\_\_\_\_ Upon receiving notification of insurance approval, a surgery date and final office visit date (to sign consent forms) will be scheduled by the Bariatric surgery scheduler.